



LEAS PARK JUNIOR SCHOOL - Curriculum Progression Map

Year Group: 6

Subject: PSHE

Topic → Unit → Curriculum Strand ↓	Autumn: Being me in my world (1) Celebrating difference (2) (Anti- Bullying Week)	Spring: Dreams and goals (3) Healthy me (4) (Safer Internet Day)	Summer: Relationships (5) Changing me (6) (Healthy Eating Week)
Staying safe (including online safety)	Children can... <ul style="list-style-type: none"> (Safer Internet Day) Use technology positively and safely to communicate with their friends and family. (Safer Internet Day) Resist the urge to do something online that might harm themselves or others. Children know... <ul style="list-style-type: none"> (Safer Internet Day) The SMART rules for internet safety. 		
Mental wellbeing	Children can... <ul style="list-style-type: none"> Empathise with people who are different. (2) Give praise and compliments to others, recognising their achievements and contributions. (2,5) Use different strategies to manage stress and pressure and see how these things may cause drug and alcohol misuse. (4,5) Express how they feel about their self-image and are aware of the importance of positive self-esteem and what can be done to develop it. (4) Identify what they are looking forward to and what worries them about their transition to secondary school. (1,3) Children know... <ul style="list-style-type: none"> That there are many different perceptions about what normal means. (2) That some people may like or admire them and can accept their praise. (1,3,5) What it means to be emotionally well and can explore people's attitudes towards mental health/illness. (4) That it is important to take care of their mental health. (1,4) How to prepare themselves emotionally for their transition to secondary school. (1,4,5) 		
Relationships	Children can... <ul style="list-style-type: none"> Give examples of people with disabilities who lead amazing lives. (2) Appreciate people for who they are. (2) Explain how difference can be a sources of conflict and a cause for celebration and show empathy to people in either situation. (2) Children know... <ul style="list-style-type: none"> That their actions affect others locally and globally. (1,5) How being different could affect someone's life and are aware of their attitudes to people who are different. (2) Some of the reasons why people use bullying behaviour. (4,5) About the LGBTQ community. (5) A greater understanding of healthy and unhealthy relationships. (4,5) A greater understanding of domestic abuse and its effects. (4,5) Know where individuals can get help and support. (4,5) 		

	<ul style="list-style-type: none"> • Have a greater understanding of gender inequality and promoting gender respect. (5)
Staying healthy	<p>Children can...</p> <ul style="list-style-type: none"> • Take responsibility for their health and make choices that benefit their physical health and mental well-being. (4,5) <p>Children know...</p> <ul style="list-style-type: none"> • Motivational strategies to care of their physical and emotional health. (4,5) • About different types of drugs and their uses and their effects on the body, particularly the liver and heart. (4)
British Values	<p>Children can...</p> <ul style="list-style-type: none"> • Identify some universal rights for all children. (1) <p>Children know...</p> <ul style="list-style-type: none"> • That there are universal rights for all children but for many these are not met. (1)
Sex and relationships education	<p>Children can...</p> <ul style="list-style-type: none"> • Explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally. (5,6) <p>Children know...</p> <ul style="list-style-type: none"> • How a baby is conceived. (5,6) • How a baby develops from conception through the nine months of pregnancy and how it is born. (5,6)

